

**NICOLA VALLEY**  
**MASSAGE THERAPY CLINIC**  
**Confidential Case History Form**

Name \_\_\_\_\_ Gender M \_\_\_ F \_\_\_ Date \_\_\_\_\_

Care Card Number \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone home \_\_\_\_\_ work \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_ Cellular Carrier \_\_\_\_\_

WHO can we thank for referring you to us? \_\_\_\_\_

Reason for treatment: \_\_\_\_\_

Describe the onset \_\_\_ Sudden \_\_\_ Burning \_\_\_ Dull \_\_\_ Aching \_\_\_ Shooting \_\_\_ Other

What aggravates the pain \_\_\_\_\_ What relieves the pain \_\_\_\_\_

Does the pain affect your daily activities? \_\_\_ Y \_\_\_ N If yes then how \_\_\_\_\_

Is the pain worse in the AM or PM? (circle) DATE OF INJURY \_\_\_\_\_

Other symptoms? \_\_\_ grinding \_\_\_ popping \_\_\_ Numbness \_\_\_ Weakness \_\_\_ Vomiting \_\_\_ Other

Has this condition occurred before? \_\_\_\_\_ Was it resolved? \_\_\_\_\_

Are you taking any medications? \_\_\_\_\_ or please provide a list.

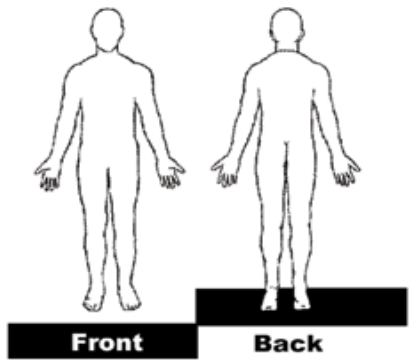
Are you seeing a MD, RMT, Chiropractor, Physiotherapist, Other. (Circle applicable)

List any RELEVANT surgeries, accidents, or illnesses. \_\_\_\_\_

\_\_\_\_\_

What is your occupation? \_\_\_\_\_

Does it involve extended periods of sitting \_\_\_ standing \_\_\_ Lifting \_\_\_ computer work \_\_\_ repetitive movement \_\_\_.



Please mark the area(s) of pain

## Medical History

Have you ever had or currently have:

Heart Condition	___	Skin Condition	___
Stroke	___	Circulatory	___
Infection	___	Kidney Condition	___
Recent Surgery	___	Contagious infection	___
Dislocation	___	Digestive Problems	___
Cancer	___	Arthritis	___
Fractures	___	Insomnia	___
Head Injury	___	Fainting	___
Headaches	___	Spinal Injury	___
Seizures	___	Sprain/Strain	___
Jaw Pain	___	Pregnancy	___
Diabetes	___	Respiratory Condition	___
Allergies	___	High/Low Blood Pressure	___
Limb/Head Implants	___	Steel Pins	___

## CANCELLATION POLICY

Please call if you are unable to attend your appointment. **We require 24 hours notice of cancellation.**

If you do not show up for your appointment, **you will be charged the FULL AMOUNT of your missed visit.** Appointments that are cancelled within 12 hours of your appointment time will be charged to you if we cannot fill your spot.

**Initials** \_\_\_\_\_

## PATIENT CONSENT

Registered Massage Therapist Tim Kroeker makes every effort to ensure that your treatment is safe and effective. Massage therapy involves manipulation of the soft tissues and joints of the body, and the approach to treatment may vary depending upon the patient's conditions(s). At any time before or during the massage therapy treatment, you have the right to ask that the treatment or portion of the treatment be discontinued or enquire about the purpose of any technique being used. If at any time you have any questions or concerns related to the treatment, Tim encourages you to communicate with him so that there may be clarification or modification of the treatment.

The case history form will be kept as part of your patient file. All information within your file, including your case history form, will be kept confidential and will not be released without your prior consent. You will be required to pay for treatment fees that may not be covered by your insurance, medical and legal report fees, and missed appointment fees. Please sign below to indicate that you have read and understand the above information and that the information you have provided in the case history form is accurate.

Patient Name (Print): \_\_\_\_\_

Sign (Guardian if under 18) \_\_\_\_\_